



Prior Weston
Going for Gold
Mental Maths Challenge

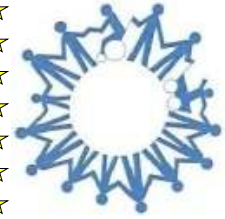


This booklet belongs to

Going for Gold!

Level 1

Bronze Facts



Counting:



0, 2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24

0, 10, 20, 30, 40, 50, 60, 70, 80, 90, 100

Number bonds to 10

- 1 + 9 = 10
- 2 + 8 = 10
- 3 + 7 = 10
- 4 + 6 = 10
- 5 + 5 = 10
- 6 + 4 = 10
- 7 + 3 = 10
- 8 + 2 = 10
- 9 + 1 = 10
- 0 + 10 = 10

Don't forget that if you know your number bonds you also know these subtraction facts!



- 10 - 0 = 10
- 10 - 1 = 9
- 10 - 2 = 8
- 10 - 3 = 7
- 10 - 4 = 6
- 10 - 5 = 5
- 10 - 6 = 4
- 10 - 7 = 3
- 10 - 8 = 2
- 10 - 9 = 1

Double Numbers to 5

- 1 + 1 = 2
- 2 + 2 = 4
- 3 + 3 = 6
- 4 + 4 = 8
- 5 + 5 = 10

Can you find half of 2, 4, 6, 8 and 10?



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Level 1

Silver Facts



Counting:



0, 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60

Doubles to 10

- $1 + 1 = 2$
- $2 + 2 = 4$
- $3 + 3 = 6$
- $4 + 4 = 8$
- $5 + 5 = 10$
- $6 + 6 = 12$
- $7 + 7 = 14$
- $8 + 8 = 16$
- $9 + 9 = 18$
- $10 + 10 = 20$

Can you find half of 12, 14, 16, 18, and 20?



- $20 - 19 = 1$
- $20 - 18 = 2$
- $20 - 17 = 3$
- $20 - 16 = 4$
- $20 - 15 = 5$
- $20 - 14 = 6$
- $20 - 13 = 7$
- $20 - 12 = 8$
- $20 - 11 = 9$
- $20 - 10 = 10$
- $20 - 9 = 11$
- $20 - 8 = 12$
- $20 - 7 = 13$
- $20 - 6 = 14$
- $20 - 5 = 15$
- $20 - 4 = 16$
- $20 - 3 = 17$
- $20 - 2 = 18$
- $20 - 1 = 19$
- $20 - 0 = 20$

Don't forget that if you know your number bonds you also know these subtraction facts!



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Level 1

Gold Facts



Counting:



0, 3, 6, 9, 12, 15, 18, 21, 24, 27, 30, 33, 36

Important Facts!

60 minutes = 1 hour

24 hours = 1 day

Addition and Subtraction Facts

$1 + 2 = 3$

$2 + 3 = 5$

$3 + 4 = 7$

$4 + 5 = 9$

$5 + 6 = 11$

$6 + 7 = 13$

$7 + 8 = 15$

$1 + 4 = 5$

$2 + 4 = 6$

$3 + 5 = 8$

$4 + 7 = 11$

$5 + 7 = 12$

$6 + 8 = 14$

$7 + 9 = 16$

$1 + 5 = 6$

$2 + 5 = 7$

$3 + 6 = 9$

$4 + 8 = 12$

$5 + 8 = 13$

$6 + 9 = 15$

$8 + 9 = 17$

$1 + 7 = 8$

$2 + 6 = 8$

$3 + 8 = 11$

$4 + 9 = 13$

$5 + 9 = 14$

$1 + 8 = 9$

$2 + 7 = 9$

$3 + 9 = 12$

$1 + 9 = 10$

$2 + 9 = 11$

You also need to know the related subtraction number sentences.

For example;

$1 + 2 = 3$ so $3 - 2 = 1$ and $3 - 1 = 2$

$6 + 9 = 15$ so $15 - 9 = 6$ and $15 - 6 = 9$

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Level 1

Platinum Challenge



For the platinum challenge you will be given a magic square and you will have 2 minutes to work out the magic number and fill in the missing numbers. In a magic square all the rows, columns and diagonal add up to the same number. Each number can be used no more than twice in one magic square. Here are some for you to use to practice:

8	1	6
3	5	7
4	9	2

2	5	
7		1
3		6

	11	7
9		7
	5	10

The magic number is:

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Level 2

Bronze Facts



Counting:



0, 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44, 48,

0, 8, 16, 24, 32, 40, 48, 56, 64, 72, 80, 88, 96,

0, 50, 100, 150, 200, 250, 300, 350, 400, 450, 500,

0, 100, 200, 300, 400, 500, 600, 700, 800, 900, 1000, 1100, ...

Times Tables

Addition and Subtraction Facts

$10 + 90 = 100$

$100 - 10 = 90$

$20 + 80 = 100$

$100 - 20 = 80$

$30 + 70 = 100$

$100 - 30 = 70$

$40 + 60 = 100$

$100 - 40 = 60$

$50 + 50 = 100$

$100 - 50 = 50$

$100 - 80 = 20$

$100 - 60 = 40$

$100 - 90 = 10$

$100 - 70 = 30$

$0 \times 2 = 0$

$1 \times 2 = 2$

$2 \times 2 = 4$

$3 \times 2 = 6$

$4 \times 2 = 8$

$5 \times 2 = 10$

$6 \times 2 = 12$

$7 \times 2 = 14$

$8 \times 2 = 16$

$9 \times 2 = 18$

$10 \times 2 = 20$

$11 \times 2 = 22$

$12 \times 2 = 24$

$0 \times 10 = 0$

$1 \times 10 = 10$

$2 \times 10 = 20$

$3 \times 10 = 30$

$4 \times 10 = 40$

$5 \times 10 = 50$

$6 \times 10 = 60$

$7 \times 10 = 70$

$8 \times 10 = 80$

$9 \times 10 = 90$

$10 \times 10 = 100$

$11 \times 10 = 110$

$12 \times 10 = 120$

$0 \times 5 = 0$

$1 \times 5 = 5$

$2 \times 5 = 10$

$3 \times 5 = 15$

$4 \times 5 = 20$

$5 \times 5 = 25$

$6 \times 5 = 30$

$7 \times 5 = 35$

$8 \times 5 = 40$

$9 \times 5 = 45$

$10 \times 5 = 50$

$11 \times 5 = 55$

$12 \times 5 = 60$

$0 \times 3 = 0$

$1 \times 3 = 3$

$2 \times 3 = 6$

$3 \times 3 = 9$

$4 \times 3 = 12$

$5 \times 3 = 15$

$6 \times 3 = 18$

$7 \times 3 = 21$

$8 \times 3 = 24$

$9 \times 3 = 27$

$10 \times 3 = 30$

$11 \times 3 = 33$

$12 \times 3 = 36$

Going for Gold!

Level 2

Silver Facts



Counting:



0, 6, 12, 18, 24, 30, 36, 42, 48, 54, 60, 66, 72, ...

0, 7, 14, 21, 28, 35, 42, 49, 56, 63, 70, 77, 84,

0, 9, 18, 27, 36, 45, 54, 63, 72, 81, 90, 99, 108, ...

Multiplication Fact Families

$1 \times 2 = 2$	$2 \times 1 = 2$	$2 \div 1 = 2$	$2 \div 2 = 1$
$2 \times 2 = 4$	$4 \div 2 = 2$		
$3 \times 2 = 6$	$2 \times 3 = 6$	$6 \div 2 = 3$	$6 \div 3 = 2$
$4 \times 2 = 8$	$2 \times 4 = 8$	$8 \div 4 = 2$	$8 \div 2 = 4$
$5 \times 2 = 10$	$2 \times 5 = 10$	$10 \div 5 = 2$	$10 \div 2 = 5$
$6 \times 2 = 12$	$2 \times 6 = 12$	$12 \div 6 = 2$	$12 \div 2 = 6$
$7 \times 2 = 14$	$2 \times 7 = 14$	$14 \div 7 = 2$	$14 \div 2 = 7$
$8 \times 2 = 16$	$2 \times 8 = 16$	$16 \div 8 = 2$	$16 \div 2 = 8$
$9 \times 2 = 18$	$2 \times 9 = 18$	$18 \div 2 = 9$	$18 \div 9 = 2$
$10 \times 2 = 20$	$2 \times 10 = 20$	$20 \div 2 = 10$	$20 \div 10 = 2$

$0 \times 4 = 0$

$1 \times 4 = 4$

$2 \times 4 = 8$

$3 \times 4 = 12$

$4 \times 4 = 16$

$5 \times 4 = 20$

$6 \times 4 = 24$

$7 \times 4 = 28$

$8 \times 4 = 32$

$9 \times 4 = 36$

$10 \times 4 = 40$

$11 \times 4 = 44$

$12 \times 4 = 48$

$0 \times 8 = 0$

$1 \times 8 = 8$

$2 \times 8 = 16$

$3 \times 8 = 24$

$4 \times 8 = 32$

$5 \times 8 = 40$

$6 \times 8 = 48$

$7 \times 8 = 56$

$8 \times 8 = 64$

$9 \times 8 = 72$

$10 \times 8 = 80$

$11 \times 8 = 88$

$12 \times 8 = 96$

Going for Gold!

Level 2

Gold Facts



Counting:



0, 25, 50, 100, 125, 150, 175, 200, 225, 250, 275, 300,

0, 1000, 2000, 3000, 4000, 5000, 6000, 7000,

5, 4, 3, 2, 1, 0 -1, -2, -3, -4, -5, -6, -7, -8, -9, -10,

$0 \times 6 = 0$

$1 \times 6 = 6$

$2 \times 6 = 12$

$3 \times 6 = 18$

$4 \times 6 = 24$

$5 \times 6 = 30$

$6 \times 6 = 36$

$7 \times 6 = 42$

$8 \times 6 = 48$

$9 \times 6 = 54$

$10 \times 6 = 60$

$11 \times 6 = 66$

$12 \times 6 = 72$

$0 \times 7 = 0$

$1 \times 7 = 7$

$2 \times 7 = 14$

$3 \times 7 = 21$

$4 \times 7 = 28$

$5 \times 7 = 35$

$6 \times 7 = 42$

$7 \times 7 = 49$

$8 \times 7 = 56$

$9 \times 7 = 63$

$10 \times 7 = 70$

$11 \times 7 = 77$

$12 \times 7 = 84$

$0 \times 9 = 0$

$1 \times 9 = 9$

$2 \times 9 = 18$

$3 \times 9 = 27$

$4 \times 9 = 36$

$5 \times 9 = 45$

$6 \times 9 = 54$

$7 \times 9 = 63$

$8 \times 9 = 72$

$9 \times 9 = 81$

$10 \times 9 = 90$

$11 \times 9 = 99$

$12 \times 9 = 108$

$0 \times 11 = 0$

$1 \times 11 = 11$

$2 \times 11 = 22$

$3 \times 11 = 33$

$4 \times 11 = 44$

$5 \times 11 = 55$

$6 \times 11 = 66$

$7 \times 11 = 77$

$8 \times 11 = 88$

$9 \times 11 = 99$

$10 \times 11 = 110$

$11 \times 11 = 121$

$12 \times 11 = 132$

$0 \times 12 = 0$

$1 \times 12 = 12$

$2 \times 12 = 24$

$3 \times 12 = 36$

$4 \times 12 = 48$

$5 \times 12 = 60$

$6 \times 12 = 72$

$7 \times 12 = 84$

$8 \times 12 = 96$

$9 \times 12 = 108$

$10 \times 12 = 120$

$11 \times 12 = 132$

$12 \times 12 = 144$

Going for Gold!

Level 3

Bronze Facts



Counting:



0, 0.1, 0.2, 0.3, 0.4, 0.5, 0.6, 0.7, 0.8, 0.9, 1.0, 1.1, ...

0, $\frac{1}{2}$, 1, $1\frac{1}{2}$, 2, $2\frac{1}{2}$, 3, $3\frac{1}{2}$, 4, $4\frac{1}{2}$, 5, $5\frac{1}{2}$, 6, $6\frac{1}{2}$,

All times tables to 12 and all related division facts.

These are just some of them:

DIVISIONS					
1 ÷ 1 = 1	2 ÷ 2 = 1	3 ÷ 3 = 1	4 ÷ 4 = 1	5 ÷ 5 = 1	6 ÷ 6 = 1
2 ÷ 1 = 2	4 ÷ 2 = 2	6 ÷ 3 = 2	8 ÷ 4 = 2	10 ÷ 5 = 2	12 ÷ 6 = 2
3 ÷ 1 = 3	6 ÷ 2 = 3	9 ÷ 3 = 3	12 ÷ 4 = 3	15 ÷ 5 = 3	18 ÷ 6 = 3
4 ÷ 1 = 4	8 ÷ 2 = 4	12 ÷ 3 = 4	16 ÷ 4 = 4	20 ÷ 5 = 4	24 ÷ 6 = 4
5 ÷ 1 = 5	10 ÷ 2 = 5	15 ÷ 3 = 5	20 ÷ 4 = 5	25 ÷ 5 = 5	30 ÷ 6 = 5
6 ÷ 1 = 6	12 ÷ 2 = 6	18 ÷ 3 = 6	24 ÷ 4 = 6	30 ÷ 5 = 6	36 ÷ 6 = 6
7 ÷ 1 = 7	14 ÷ 2 = 7	21 ÷ 3 = 7	28 ÷ 4 = 7	35 ÷ 5 = 7	42 ÷ 6 = 7
8 ÷ 1 = 8	16 ÷ 2 = 8	24 ÷ 3 = 8	32 ÷ 4 = 8	40 ÷ 5 = 8	48 ÷ 6 = 8
9 ÷ 1 = 9	18 ÷ 2 = 9	27 ÷ 3 = 9	36 ÷ 4 = 9	45 ÷ 5 = 9	54 ÷ 6 = 9
10 ÷ 1 = 10	20 ÷ 2 = 10	30 ÷ 3 = 10	40 ÷ 4 = 10	50 ÷ 5 = 10	60 ÷ 6 = 10
11 ÷ 1 = 11	22 ÷ 2 = 11	33 ÷ 3 = 11	44 ÷ 4 = 11	55 ÷ 5 = 11	66 ÷ 6 = 11
12 ÷ 1 = 12	24 ÷ 2 = 12	36 ÷ 3 = 12	48 ÷ 4 = 12	60 ÷ 5 = 12	72 ÷ 6 = 12
7 ÷ 7 = 1	8 ÷ 8 = 1	9 ÷ 9 = 1	10 ÷ 10 = 1	11 ÷ 11 = 1	12 ÷ 12 = 1
14 ÷ 7 = 2	16 ÷ 8 = 2	18 ÷ 9 = 2	20 ÷ 10 = 2	22 ÷ 11 = 2	24 ÷ 12 = 2
21 ÷ 7 = 3	24 ÷ 8 = 3	27 ÷ 9 = 3	30 ÷ 10 = 3	33 ÷ 11 = 3	36 ÷ 12 = 3
28 ÷ 7 = 4	32 ÷ 8 = 4	36 ÷ 9 = 4	40 ÷ 10 = 4	44 ÷ 11 = 4	48 ÷ 12 = 4
35 ÷ 7 = 5	40 ÷ 8 = 5	45 ÷ 9 = 5	50 ÷ 10 = 5	55 ÷ 11 = 5	60 ÷ 12 = 5
42 ÷ 7 = 6	48 ÷ 8 = 6	54 ÷ 9 = 6	60 ÷ 10 = 6	66 ÷ 11 = 6	72 ÷ 12 = 6
49 ÷ 7 = 7	56 ÷ 8 = 7	63 ÷ 9 = 7	70 ÷ 10 = 7	77 ÷ 11 = 7	84 ÷ 12 = 7
56 ÷ 7 = 8	64 ÷ 8 = 8	72 ÷ 9 = 8	80 ÷ 10 = 8	88 ÷ 11 = 8	96 ÷ 12 = 8
63 ÷ 7 = 9	72 ÷ 8 = 9	81 ÷ 9 = 9	90 ÷ 10 = 9	99 ÷ 11 = 9	108 ÷ 12 = 9
70 ÷ 7 = 10	80 ÷ 8 = 10	90 ÷ 9 = 10	100 ÷ 10 = 10	110 ÷ 11 = 10	120 ÷ 12 = 10
77 ÷ 7 = 11	88 ÷ 8 = 11	99 ÷ 9 = 11	110 ÷ 10 = 11	121 ÷ 11 = 11	132 ÷ 12 = 11
84 ÷ 7 = 12	96 ÷ 8 = 12	108 ÷ 9 = 12	120 ÷ 10 = 12	132 ÷ 11 = 12	144 ÷ 12 = 12

Going for Gold!

Level 3

Silver Facts



To know..

★ **Prime Numbers:** 2, 3, 5, 7, 11, 13, 17, 19, 23, 29, 31, ...

★ **Square Numbers:** 1, 4, 9, 16, 25, 36, 49, 64, 81, 100

★ **You need to know factors of all numbers to 144.**

★ Factors are the numbers you multiply together to get another number: for example $2 \times 6 = 12$, but

★ also $3 \times 4 = 12$, and $1 \times 12 = 12$. **So 1, 2, 3, 4, 6 and 12 are factors of 12.**

Time

1 millennium = 1000 years

1 century = 100 years

1 year = 12 months or 52 weeks or 365 days

1 leap year = 366 days

1 week = 7 days

1 day = 24 hours

1 hour = 60 minutes

1 minute = 60 seconds

Measures

1 kilometre = 1000 metres

1 metre = 100 centimetres or 1000 millimetres

1 centimetre = 10 millimetres

1 kilogram = 1000 grams

1 litre = 1000 millilitres

1 tonne = 1000 kilograms

1 litre = 100 centilitres

1 centilitre = 10 millilitres

Going for Gold!

Level 3

Gold Facts



To know...

Cubed numbers: 1, 8, 27, 64, 125, 216,

Hundredths: 1.03, 1.02, 1.01, 1.00, 0.99, 0.98, 0.97,

Conversions between metric and imperial units

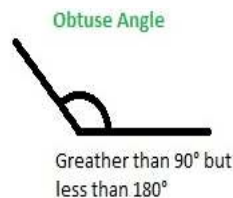
1 litre = 2 pints (more accurately $1\frac{3}{4}$ pints)

4.5 litres = 1 gallon or 8 pints

1 kilogram = 2 lb (more accurately 2.2lb)

28 grams = 1 oz

1.6 kilometres = 1 mile



Angles

Angles in a straight line = 180°

Angles in a circle = 360°

Total sum of angles in a triangle = 180°

Total sum of angles in a quadrilateral = 360°

Fractions	Decimals	%
$\frac{1}{2}$	0.5	50%
$\frac{1}{4}$	0.25	25%
$\frac{3}{4}$	0.75	75%
$\frac{1}{3}$	0.333...	33%
$\frac{2}{3}$	0.666...	67%
$\frac{1}{10}$	0.1	10%
$\frac{2}{10}$	0.2	20%
$\frac{1}{5}$	0.2	20%
$\frac{2}{5}$	0.4	40%

Going for Gold!

Level 3

Platinum Challenge



The platinum level challenge is to be able to complete a grid like the one below in 1 minute. The grid that you are given could have any 2-digit number or even a decimal to multiply. Here are some for you to use to practice:

An example:

X	23
1	23
2	46
5	115
10	230
20	460
50	2300
100	4600

X	46
1	
2	
5	
10	
20	
50	
100	

X	57
1	
2	
5	
10	
20	
50	
100	

X	2.3
1	
2	
5	
10	
20	
50	
100	

My goals and achievements

		When I aim to achieve	When I achieved it!
Level 1	Bronze		
	Silver		
	Gold		
	Platinum		
Level 2	Bronze		
	Silver		
	Gold		
	Platinum		
Level 3	Bronze		
	Silver		
	Gold		
	Platinum		