



Prior Weston Primary School

Wellbeing & Safeguarding Newsletter

Autumn Term 1: 2023/24



WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please do not hesitate to contact any of the Designated Safeguarding Leads straight away.

The following members of staff are Designated Safeguarding Leads for Prior Weston Primary School & CC:

- Bernie Lead DSL
- Fiona Lead DSL
- Simone DDSL and Inclusion Lead
- Bev DDSL
- Aoife DDSL
- Touvonna DDSL
- Rae DDSL
- Nicola DDSL

Safeguarding Governor:
Grazia Piras

For a copy of our school's Child Protection and Safeguarding 2023 Policy, please visit the 'Safeguarding' page on our [School Website](#)



Dear Prior Weston and Golden Lane Families,

At Prior Weston Primary School, safeguarding and promoting the welfare of children is **everyone's responsibility** and our top priority. Anyone who comes in to contact with children and their families has a role to play.

We recognise that all staff and governors have a full and active part to play in protecting our pupils from harm, and that the child's welfare is our paramount concern. We ensure that anyone, paid or voluntary, who seeks to work in our school is safe to do so.

Our school takes pride in offering a safe, caring, positive and stimulating environment that promotes the social, physical and moral development of the individual child free from discrimination or bullying where children can learn and develop happily. By sharing these newsletters with you, we hope you will see all of the work that goes in to keeping your children safe.

Best wishes

Bernie Frain-Atallah (Designated Safeguarding Lead)

Keeping Children Safe in Education 2023

Keeping Children Safe in Education is a statutory Department for Education document, which all schools must follow when carrying out their duties to safeguard and promote the welfare of children. It covers many aspects of safeguarding including different forms of abuse, early help processes, safe recruitment, how concerns must be reported and the role of the Designated Safeguarding Leads.

[Click here](#) for the full document.

Safeguarding and promoting the welfare of children is defined as:

- Protecting children from maltreatment
- Preventing impairment of children's mental and physical health or development
- Ensuring that children grow up in circumstances consistent with the provision of safe and effective care; and
- Taking action to enable all children to have the best outcomes



World Mental Health Day 2023

World Mental Health Day is on 10 October 2023. It's a day to raise awareness of mental health problems. More and more of us are aware of mental health and so many of us still aren't getting the right support. See below for more information

[World Mental Health Day](#)

Online Safety

Using online facilities to help with learning, keep in contact with others and to give some 'down time' is part of all of our lives but it is important that we all know how to keep children safe when doing so. We would like to draw your attention to the [Net Aware](#) website, which has superb guides to the most popular apps, games and social media sites, along with strategies for how to keep your child safe when online.

Did you know?

All social networking platforms and apps have minimum age limits. Some social networks use technologies that might not be appropriate for some ages, or engage with communities that are made up of people much older than your child.

What are the risks of an underage social networking account?

- Many sites include an instant message function which allows private conversations. Not everyone your child meets online will be who they say they are.
- Most social networking sites have an app version, meaning your child will have access to the social network from their smartphone or tablet. **Some app versions of social networks use the location of the phone.**
- Chat rooms and forums can connect people who are complete strangers and can be un-moderated.
- Information shared between friends can be easily copied and may spread.
- It isn't easy to take back information that has been posted – and can be impossible if it's already been shared.
- Chat rooms and forums are one of the places online groomers go to connect with children. They can also be places where people use inappropriate language. This is sometimes done through video chat programmes.

What can I do to keep my child safe?

1. **Think about online routines:** Have a conversation with your child about online safety and agree some rules to help keep them safe.
2. **Have a conversation about online pressures and cyberbullying:** Remember to talk to your child about what they are doing online and who they are talking to. Check in with them regularly and remind them they can talk to you, another trusted adult, like a teacher, or a [ChildLine counsellor](#) about anything they are worried about.
3. **Set up devices safely:** Make sure you set it up with your child, exploring any safety features. Remember to use parental controls!
4. **Keep children safe on conferencing apps:** Supervise your child when they use these apps; remind your child not to share chat links or passwords on social media; explore any security features like how to report and block; talk to your child about what they are sharing.

For a copy of our school's On-line policy & Child Protection and Safeguarding Policy, please visit the 'Safeguarding' page on our [School Website](#)

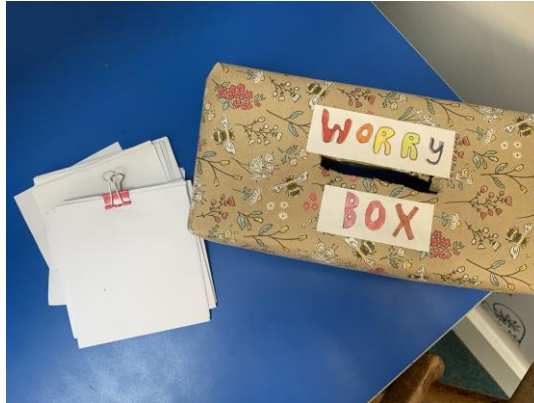
Report any concerns

If you suspect a child is in danger please contact a Designated Safeguarding Lead, or any member of staff.

If a child is in immediate danger, call the Police immediately on 999.

How can my child report any concerns?

Did you know that each class has a system for your child to report how they are feeling to their class teacher or class TA? Some classes have 'Worry' boxes, and the younger classes have more visual ways of the children expressing if they have a concern to share. We check these regularly and discuss any issues with the children, so that they know they are being listened to and their concerns are being taken seriously.



Positive Thinking:

Good news! Did you know that science suggests that positive thinking is a learnable skill?

Three Good Things Exercise

Research suggests that thinking of, and listing, three good things each day can contribute to increased happiness in the short term and longer term. Even better, this exercise is simple to do.

Just spend a few minutes each evening reflecting on the day until you think of three good things. Spread the positive vibes!

Breakfast Bagels

We have fantastic news our breakfast bagels are continuing this year. This is just in time for the cold mornings ahead. We hope to have bagels for every family, every morning. These will be available from 8:45 am and will be given out in the foyer. Please come and join your child and grab a bagel!

