



# Prior Weston Primary School

## Wellbeing & Safeguarding Newsletter

### Spring Term 3: 2023/24



#### WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please do not hesitate to contact any of the Designated Safeguarding Leads straight away.

The following members of staff are Designated Safeguarding Leads for Prior Weston Primary School & CC:

- Bernie Lead DSL
- Fiona Lead DSL
- Simone DDSL and Inclusion Lead
- Bev DDSL
- Aoife DDSL
- Touvonna DDSL
- Rae DDSL
- Nicola DDSL

Safeguarding Governor: Grazia Piras

For a copy of our school's Child Protection and Safeguarding 2023 Policy, please visit the 'Safeguarding' page on our [School Website](#)



Dear Families

#### Online Safety

Does your child have a PlayStation?

If so, have you set up appropriate parental controls?

Some examples of the parental controls available are:

- Set age restrictions,
- Set daily limits,
- Control chat and messaging,
- Set spend limits.

How can I block/report other players?

If your child is playing with other players, then please ensure they know how to report/block other players and to tell a trusted adult if they do come across anything upsetting or that they are unsure of.

This link details how to do this based on the device they have:

<https://www.playstation.com/en-gb/support/account/block-players-psn/>

#### What games are suitable for my child?

PlayStation have included a list of games along with their age rating to help you find a game that may be appropriate for your child to play.

<https://www.playstation.com/en-gb/editorial/great-ps4-games-for-kidsand-families/>

Whilst age ratings do allow you to see if a game may be appropriate, it is also important to review the game yourself and see if it includes additional features such as chat. This will allow you to make an informed decision as to whether it is suitable and if you need to apply further parental controls



# How are you disciplining your child at home?

## What is the guidance of the NSPCC?

Many parents believe that a smack does no harm and gives a quick response to poor behaviours such as hitting, biting, disobedience etc. However, smacking doesn't actually achieve what you want it to. The smack does do some things:

It gives a bad example of how to handle strong emotions

It may lead children to hit or bully others since the model of smacking has been shown to them

It may encourage children to lie or hide feelings to avoid getting smacked

It can make defiant behaviour worse, so discipline gets even harder. What happens when a smack is no longer effective?

It can lead to a resentful and angry child, and this in turn can damage family, and future relationships if it continues for a long time

Better long-term methods will involve withdrawal of privileges, items of importance etc. In some cases, you can engage your child in helping to draw up the rules and consequences.

Remember If an adult hit another adult because they don't approve of how they're behaving, it's described as physical assault. But when a parent takes the same action against their child, we're more likely to describe it as 'smacking'.

Studies show that physical punishment can have harmful effects even if a child experiences it in the context of a warm, loving family background. It affects a child's mental and emotional health, and is particularly associated with:

depression

anxiety

an increase in aggression

an increase in antisocial behaviour.

## Prior Weston Food bank is open to all, just pop in!



**Ask for Bernie or Rae**

# Coffee Morning at Prior Weston Primary School

Please come and join us on Friday mornings  
for a cuppa

**The first 7 parents will receive a voucher!**

We are Parent Empowerment Champions  
in Islington,  
we are here to listen, share experiences and  
learn together as Parents/Carers  
We look forward to seeing you all on  
FRIDAYS 9AM START!

- Friday 3rd May
- Friday 10th May
- Friday 17th May
- Friday 24th May – Finale week

Please see reception for room details



Dear Families

Please see the invite above, come and join us to meet our Parent Empowerment Champions in Islington and have a cuppa and share experiences and learn together.

All we ask is that you commit to all sessions and you will receive in return:

- leaflets for sign posting to other services
- access to free online webinars
- At the completion of the programme a free brunch for all the coffee morning parents/carers to attend at one designated school along with special guests.

**Contact main reception to book or just turn up on the day!**





**Lunch Bunch**  
Islington's Holiday Activities  
and Food programme

  
Department  
for Education

 **ISLINGTON**  
For a more equal future



**FREE!**

# Holiday Activities

with **Lunch**

during the spring, summer  
and winter school holidays

**Join in or try something new – there is  
something for everyone!**

Please contact Dan to book your place or check out:

<https://book.plinth.org.uk/calendar/NYxYIFMJBj9bQ0EmPMLZ>