



Newsletter

15/11/2024 Autumn Issue 1

#shineatpriorweston

Virtual tour @ <https://bit.ly/32RoLWi>

#unitedagainstbullying

We aim high * We are resilient * We are curious learners * We value diversity * We are respectful

Dear Golden Lane families,

Welcome to the first EYFS newsletter. We would like to take this opportunity to welcome the new families who have joined the Prior Weston community since the start of term. It has been lovely to see the new faces settling in across the rooms.

Some children will be starting their transition into their new room over this half term ready for the move up in January.

We have a busy half term ahead as December and the end of term festivities approach. We have put some dates for your diary below. Watch out on Tapestry for more updates.

Wishing you a safe and happy weekend.

Bev & Rae

Deputy Head & Children's Centre Lead

Dates for your Diary

| | |
|-------------------------|---|
| November 2024 | |
| Tuesday 19th November | Coffee morning with Danielle Sweeting from Bright Futures Islington |
| December 2024 | |
| Friday 13th December | Christmas Jumper Day & Christmas Lunch |
| Wednesday 18th December | Class Parties & Festive performance at 2pm |
| Thursday 19th December | Festive performance at 9:30am |
| Friday 20th December | End of Term- 2pm finish |



EYFS curriculum

There are seven areas of learning and development across the curriculum. All areas of learning are important and inter-connected. These areas are divided up into three **prime areas**. These are Communication and Language (CL), Physical Development (PD) and Personal, Social and Emotional Development (PSED). Then there are the four **specific areas**, Literacy (Lit), Mathematics (MD), Understanding the World (UtW) and Expressive Arts and Design (EAD).

Each issue we will focus on one area of learning with ways you can support at home.

Personal, Social and Emotional Development

Children's personal, social and emotional development is crucial for children to lead happy and healthy lives and is fundamental to their cognitive development. Important attachments to others, shape their social world. We work with families to support children to manage their emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and pay direct attention as necessary.

PSED has three strands that are inter-related. These are:

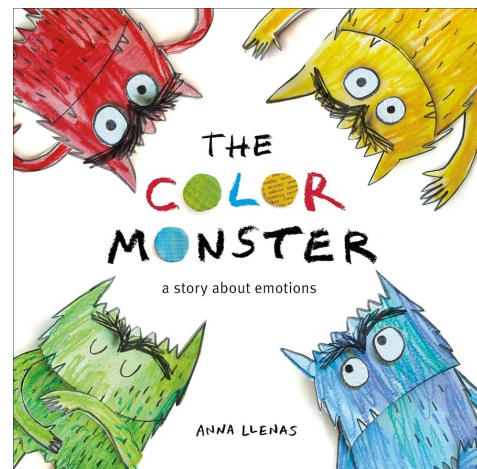
Self- Regulation: where children show an understanding of their own wants and needs and begin to learn to regulate their own feelings.

Managing Self: where children develop their resilience and perseverance in the face of challenges. They begin to understand the reason for rules. Self care and hygiene also come into this strand.

Building Relationships: In this strand the focus is on children developing their cooperation with others, learning to share and take turns. It also includes positive attachments to others and show sensitivity to others needs.

Recommend reading:

The colour monster is an excellent book to help children to name and understand their emotions. The colour monster wakes up one day feeling confused. His emotions are all over the place, he feels angry, happy, calm, sad and scared all at once. A little girl shows him what each feeling means through colour. Together they sort through his emotions with ways to manage them.



Support services in Islington:

Islington Family Information Service (FIS) For information and advice about free early learning and childcare, activities and support services for

<https://findyour.islington.gov.uk/kb5/islington/directory/service.page?id=BsNZ36XvrPY>

Bright Start is a service for children under 5 and their families. They run activities across Islington which include stay and play sessions and parent groups. Further information can be found on

<https://www.islington.gov.uk/children-and-families/bright-start-islington-start-for-life-and-family-hubs>

Growing Together: is a service for families in Islington. They run various free workshops which can be booked via

Sleep Workshop



<https://www.eventbrite.co.uk/o/growing-together-13053709783>

SENDIAS provide SEND advice for parents and carers. They run parent groups including "RELAX it's Friday" on the last Friday of every month:

<https://family-action.org.uk/services/islington-sendias/>

Starting Primary School information

If your child was born between 01/09/20 and 31/08/21 you need to apply for a place in Reception to start in September.

All admissions are done online through Islington

<https://www.islington.gov.uk/children-and-families/schools/apply-for-a-school-place/apply-for-a-primary-school-place/dates-and-deadlines>

The deadline is 15th January 2025.

If you have any questions or need support with your application we are happy to help. Please speak to the office.

Child Absences

We look forward to welcoming in all our children everyday. If your child is unable to attend for any reason, i.e. they are unwell or have an appointment or you they will be in late please contact the office on 0207 786 4800, via parentmail or email office@priorweston.islington.sch.uk and we will pass the information on to their room.

Important Dates

The academic calendar for 2024/25 is available on the school's website. Please check it regularly to stay informed about upcoming closure dates and event days.



VITAMINS FOR MUMS & CHILDREN

Collect your **FREE** Healthy Start vitamins.



Collecting Your Child

If a different adult is collecting your child, please inform a staff member in the room and the receptionist at drop-off. The adult **must** also have your child's password.



Bright Futures - Support for Families with Children 5-19 Years Old

Bright Futures, the Islington Early Help Service (previously known as Families First), offers a range of support to Islington families with children/young people aged 5-19 years old, within schools and the local community.

I am linking with PWS to help students and their parents/carers access family support. The support will be flexible and tailored to the needs of students and their families.

The aim of my involvement will be to support students and families as soon as any concerns or difficulties arise, to help resolve things as soon as possible. No issue is too big or too small, so feel free to come and have a chat with me!

Some ways I can help:

Everybody needs a little help sometimes. If you're feeling worried about your child or would like to make a change in your life, Bright Futures is here for you and your family:

- Advice and guidance with parenting or familial conflict.
- Help with your child's education and learning.
- Support around health and wellbeing.
- Support and guidance with benefits, employment, and training.
- Help connecting with/accessing support within the local community.
- Or just a friendly chat!

I am planning to run workshops, coffee mornings, and drop-in sessions at school for students, parents and staff. However, I wanted to find out what kind of support you would be interested in receiving, to ensure the sessions are helpful. I would love to hear your ideas around what would be useful for me to cover and how you would like this to be delivered.





Free early learning for 2 year olds

Your 2 year old can learn, play and make friends at a high-quality nursery, school or childminder.

If you are unemployed or working, receiving certain benefits, and your household income is less than £15,400 after tax, your child could get 15 hours free early learning each week during term-time.

Apply now at www.islington.gov.uk/free2
For more information call 020 7527 5959



Free early learning and childcare is increasing

Free early learning with a nursery or childminder supports your child's development.

- Social skills:** spending quality time with other children and adults
- Learning:** young children learn while they play and explore
- Routines:** children gain confidence, independence, and a sense of security

Free hours are available for 38 weeks a year, or some providers will allow you to 'stretch' the hours over more weeks, using fewer hours each week.



How many hours of childcare can you get a week?

| Age 3-4 years | | | | Age 2 years | | | | Age 9-23 months | |
|------------------|----------|-----------|-----------|--|-----------|-----------|-----------|---|-----------|
| All parents | | | | Families receiving some additional forms of government support | | | | Working families | |
| 15 hours | 15 hours | 15 hours | 15 hours | 15 hours | 15 hours | 15 hours | 15 hours | 15 hours | 30 hours |
| Now | Apr 2024 | Sept 2024 | Sept 2025 | Now | Apr 2024 | Sept 2024 | Sept 2025 | Sept 2024 | Sept 2025 |
| Working families | | | | Working families | | | | Free hours are available from the start of the term after your child turns the relevant age by 31 March, 31 August, or 31 December. | |
| 30 hours | 30 hours | 30 hours | 30 hours | 15 hours | 15 hours | 30 hours | | | |
| Now | Apr 2024 | Sept 2024 | Sept 2025 | Apr 2024 | Sept 2024 | Sept 2025 | | | |



Sign up for updates at childcarechoices.gov.uk



Current offers

Age 3-4

15 hours a week – for everyone; no need to apply.
Contact early years providers to ask about a place.

30 hours a week – for eligible working parents*.
Apply at Childcare Choices – childcarechoices.gov.uk

Age 2

15 hours a week – for families receiving benefits or on a low wage.
Also, for children looked after, families with no recourse to public funds, children receiving DLA or with an EHCP.
Apply at islington.gov.uk/free2

New expanded childcare offers

Age 2

15 hours a week – for eligible working parents*; both parents need to be working. Available from April 2024.
You can apply from January 2024 to take up a place from April 2024.
You must apply by 31 March 2024.
Go to childcarechoices.gov.uk

Age 9-23 months

15 hours a week – for eligible working parents*; both parents need to be working. Available from September 2024.
You can apply from April 2024 to take up a place from September 2024,
You must apply by 31 August 2024.
Speak to your local childcare providers to find out what they are offering.

30 hours free childcare

From September 2025 eligible working parents* of children from the age of 9 months until they start school, will be able to get 30 hours free. Eligible working parents of 3 and 4 year olds can already receive this.

*Eligible working parents – this means that each parent is working and earning under £100k per year and at least £167 per week (equal to 16 hours at National minimum or Living Wage)

For more information contact
Islington Family Information Service (FIS)
020 7527 5959
fis@islington.gov.uk
Follow us on Facebook
[@IslingtonFIS](https://www.facebook.com/IslingtonFIS)



Impartial
Information, Advice
and Support on SEND

Islington sendias

for Islington parents/carers and
children and young people
aged up to 25



Building
stronger
families



We offer:

- Advice, information and support on education, health and social care issues
- Support to express your views and wishes
- Support at meetings with schools and the Local Authority
- Help to complete SEN and disability related paperwork
- Supporting young people up to 25 in their own right
- Signposting to other support services

www.islington-send.org.uk

T: 020 3031 6651 E: islingtonsend@family-action.org.uk

Lough Road Centre, 61-71 Lough Road, London N7 8FF

www.facebook.com/IslingtonSENDIAS/

The Family Action Islington SENDIAS Service. Registered as a Charity in England & Wales no: 264713.

SCAN ME



Get help with your energy bills and staying well and warm

You can access free support from SHINE if you are living in London and one of the following apply:

- over 60
- on a low income
- have a disability or a long-term illness
- have children

shine

SUPPORTED BY
MAYOR OF LONDON



Get a free SHINE assessment and access a range of services with one call:

Energy and bills advice – advice on energy saving, billing and metering, heating systems and controls

Water discount – half price or capped water bills for eligible customers

Energy Doctor home visits – review energy bills, check heating controls and fit energy efficiency measures such as low energy light bulbs, draught proofing, reflective radiator panels and water saving devices

Energy debt support – support with payment plans and methods, supplier mediation and grant applications to clear arrears

Bill comparisons – help to compare all the gas and electric deals on the market to find out if you could save money with another supplier or tariff

Extra Care Services – if you have additional needs you can get support in power cuts, accessible utility bills, supplier password systems etc.

Heating and insulation grants – for private tenants and home owners

Income Maximisation – support to access budgeting advice

Fire safety check – a visit from London Fire Brigade to check fire alarms and help prevent accidents

Air pollution alerts – helping those with respiratory issues plan days out

London Taxicard – subsidised taxi journeys for people with limited mobility or visual impairments

More services are available. All services are subject to eligibility and many subject to local provision.

Contact: T: 0800 953 1221

E: shine@islington.gov.uk

W: www.shine-london.org.uk