

Medical and SEN Focus Newsletter

02/05/2025 Summer Issue 1

#shineatpriorweston

Virtual tour @ <https://bit.ly/32RoLWi>

#unitedagainstbullying

We aim high * We are resilient * We are curious learners * We value diversity * We are respectful

Dear Prior Weston Families,

It has been a very busy start to the Summer Term here at Prior Weston, with lots of lovely parent workshops including yesterday's Zones of Regulation workshop with Ceryl from New River College. There are lots more upcoming useful parent workshops, and you'll find attached some information in this newsletter about them, alongside information about support being offered across Islington.

If your child has additional needs, then I am starting to plan the SEND review meetings for this term. Please find below the dates for your child's room/year group. Rebecca, from the office, will be in touch soon to arrange a specific time on that day to meet with us. It is very difficult to arrange cover for class teachers to be out of class, so do please try and attend the meeting if you can. If you cannot make that date, then I can meet with the class teacher and then meet with you at a more convenient time.

Please find the dates below:

Wednesday 7th May Tower class PM

Wednesday 4th June St Pauls class PM

Wednesday 25th June Piccadilly Class All day

Wednesday 9th July Barbican Class PM

If you do not see your child's class listed, please bear with and we will provide the date as soon as possible.

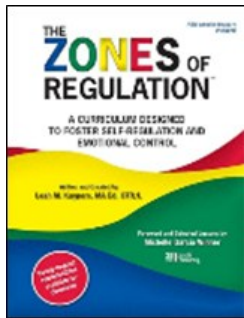
If you have any questions or concerns about your child's progress, then please arrange to speak to your child's class teacher first. I am usually around at the start/end of the day. Please also be reminded, that I don't work on Fridays!

Kind regards,

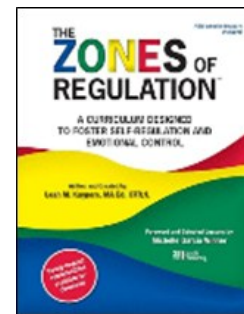
Simone

Dates for your Diary

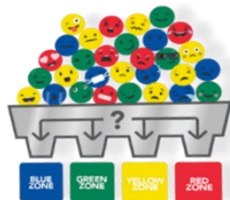
May 2025	
Monday 5th May	Bank Holiday– Prior Weston & Children’s Centre CLOSED
Thursday 8th May	Year 4 and 5 Secondary School Parent Workshop for children with additional needs—9.15am
Monday 12th-Thursday 15th May	Year 6 SATS
Friday 16th May	Trafalgar Class Assembly @ 9.15am
Friday 23rd May	Parliament Class Assembly @ 9.15am
Monday 26th– Friday 30th May	Half Term break
June 2025	
Monday 2nd June	School Inset day
Tuesday 3rd June	Year 6 Transition parent workshop 2.30pm
Friday 13th June	Piccadilly Class Assembly @ 9.15am
Tuesday 17th June	Autism and Anxiety workshop-part 1 2.30pm
Friday 20th June	Kew Class Assembly @ 9.15am
Tuesday 24th June	Autism and Anxiety workshop-part 2 2.30pm
Wednesday 25th June	Class Photos
July 2025	
Sunday 6th July	Run Kids Run 
Friday 11th July	Barbican Class Assembly @ 9.15am
Thursday 17th July	2:00pm– Y6 Production 6:00pm– Y6 Production
Friday 18th July	Y6 Sleepover
Tuesday 22nd July	1:00pm – Y6 leavers assembly



New River College



Thank you to Ceryl from New River College for the Zones of Regulation Parent Workshop.



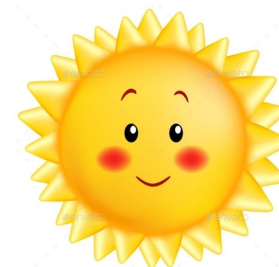
What is the *Zones of Regulation*?
How is it used in my child's school?
What can I do to support it at home?



The **Zones of Regulation** is a complete social-emotional learning curriculum, created to teach children self-regulation and emotional control. It teaches them to think about how they experience emotions, and where they feel it in their bodies.



Hot Weather Reminders



Please be reminded of the following to ensure we keep all children safe and comfortable in hot weather:

- To avoid the risk of sunburn, please ensure tops cover the shoulders (no strappy tops)
 - Please provide your child with a hat and apply sun cream
 - Flip flops should NOT be worn as these are a trip hazard
- Please ensure your child has a bottle for water, which can be re filled on site



Whittington Health
NHS Trust

Hello, We Are Your School Health Team!



School Nurse Drop in clinic

You can talk to us about any health issue, including these...

- ❖ Bedwetting/ Toileting Problems
- ❖ Body Changes/ Personal Hygiene
- ❖ Diet and Nutrition
- ❖ Dental Health
- ❖ Managing Minor Illnesses

Please fill out a REFERRAL FORM (collect from school reception) or contact us by email/telephone



- We are...
- ✓ Confidential
 - ✓ Visible
 - ✓ Accessible

You can contact us on 020 3316 8021/
whh-tr.IslingtonSchoolNursing@nhs.net
 where there is a nurse to speak to Mon-Fri
 9am- 5pm

Health & Wellbeing Clinic dates

The next health and wellbeing clinics with a school nurse have been scheduled for the dates below:

13th May 2025

25th June 2025



Whittington Health
NHS Trust





School Wellbeing Service

Dear Prior Weston Families,

I'm excited to introduce myself as the new School Wellbeing Practitioner (SWP) for Prior Weston. My name is Liliya and I'm part of the School Wellbeing Service which supports all mainstream Islington schools with their wellbeing and emotional health approaches. I'll be in the school on **Tuesday afternoons** after the Easter holidays.



Our service also offers individual support to parents/carers of children who recently have started struggling with feelings of anxiety or behaviour that challenges. The support is around 8 weekly sessions, which can happen in person at the school or remotely (video) with myself.

I'm looking forward to meeting you all at pick up times and at the workshops we will be offering in the Summer term to support you.

You can find out more about the School Wellbeing Service and what we offer here

<https://londonwaitingroom.nhs.uk/icamhs-sws>

Upcoming School Wellbeing service Workshops

Tuesday 3rd June—Year 6 Transition parent workshop 2.30pm
(please see next page for further information)

Tuesday 17th June Autism and Anxiety workshop-part 1 2.30pm

Tuesday 24th June Autism and Anxiety workshop-part 2 2.30pm

Transition to Secondary School



Y6 Parent Workshop

Tuesday 3rd June at 14:30-15:30

Prior Weston Primary School

INFORMATION SHEET

In the workshop we will:

- ✓ Provide examples of transitions and why they are sometimes difficult.
- ✓ Explore common worries for children when moving schools.
- ✓ Explore common worries for parents when their child is moving schools.
- ✓ Understand What is anxiety.
- ✓ Explore what can we do to help.
- ✓ Suggest practical tips and activities to do with your child.



Where will the workshop be?

The workshop will be delivered in person in the school.

How can I sign up?

Please sign up on parent mail or just come along at 14:30 on the day.

We look forward to seeing you on Tuesday 3rd June!





**Year 4 & 5 Secondary School
Parent Workshop for Children with
additional needs
Thursday 8th May
9.15am
Multi-Use Room**



Islington Parent Carer Forum

Your Voices matter



ABOUT US

We are a voluntary group of Islington SEND parents and carers working with local services to ensure that the voices of our children, young people and their families are heard.



JOIN US

If you want to be involved in shaping local services for our young people then please join our events and sign up to stay informed and have your say. The wider our representation the stronger our voice. We hold regular events and surveys to capture your views and experiences.

SIGN UP

Keep informed about local SEND news, our next events & join in surveys by signing up via the website.

sign up



whatsapp



instagram



Join us to find out more about events and how you can share your views and experiences

www.islingtonparentcarerforum.com

FOLLOW US to stay informed



Meet Sara our Family Hub & Early Years Physiotherapist in a Stay and Play



Sharing tips and ideas to support children's Physical Development and Movement at the following session:

Moreland Children's Centre, EC1V 8BB
Wednesday 12th February 2025
0-5s Extra Boost (SEND), 1.30-3pm

Moreland Children's Centre, EC1V 8BB
Wednesday 19th February 2025
0-5s Stay and Play, 9.30-11am

Conewood Children's Centre, N5 1DL
Wednesday 19th February 2025
0-5s Twilight Stay and Play, 3.30-5pm

Highbury Bandstand Wildlife Garden, N5 1QL
Wednesday 16th April 2025
0-5's Outdoor Stay and Play, 10-11.30am

Andover Community Centre, N7 7RN
Wednesday 5th March 2025
0-5s Stay and Play, 10-11.30am

Willow Children's Centre N7 0BF
Wednesday 12th March 2025
0-5s Stay and Play, 10:15-11:45am

Information on Physio Drop-Ins can be found on Find Your Islington – Search Bright Start – Little Feet.
<https://findyour.islington.gov.uk/>

Scan the code for Little Feet Physio Drop in clinic dates. For families with children aged 0-5 and an Islington GP



Family Hubs, Start for Life



SEND COFFEE MORNINGS

Every Monday in term-time, except Bank Holidays
9.30 - 11am

Run by Parent Carer Forums at St Luke's Community Centre

SEND coffee mornings offer a supportive environment for parents or carers of SEND children to relax and talk with others. There will be information regarding local services and advice on how to support your child. Sessions are tailored to people's needs in the group.



ISLINGTON PARENT
CARER FORUM
islingtonPCF@gmail.com



THURSDAY 29 MAY
1:30PM -3:30PM

For many families with young children a good night's sleep can be a rare treat!

Come and join us!

Meet other parents explore ways to improve both your and your child's sleep and to **feel more confident** about your family's routine.

Click the link below to buy tickets or scan the QR code to visit our [Eventbrite Page](#).



Free NHS Workshop

LOCATION

Conewood Children's Centre

Creche Available

For parents with children aged 1-5 years and parents who live or have a GP in Islington

DETAILS:

Address:

14 Conewood St,
London N5 1DL

For further information please call Rosan McCall on: 020 3316 1824

