



### Fortune Street Park Friends



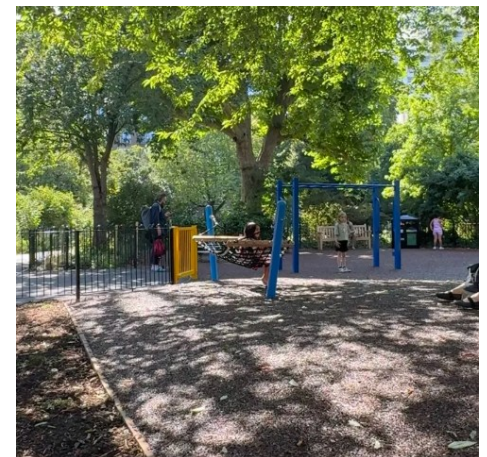
The **Friends of the Park** voluntary group established in 2005 consists of local City and Islington residents, who feel passionately about our local park.

Over the years they have fundraised and organised events in this small popular park. There is an annual community fun day that they organise and fundraise for – well attended by the local community and appreciated by all that come along.

They also care about the maintenance and security of the park, working in partnership with [Islington Greenspaces](#) . They also volunteer to lock the park in the evenings and at weekend safeguarding the park for all of us.

This is just a **friendly reminder** from The Friends of the Park to let everyone know that cycling in the park is **strictly not allowed**. It poses a risk to all park users, and there have been a few near misses involving bikes (both adult and child riders).

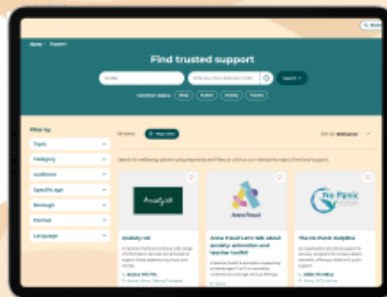
Please help us keep everyone safe by dismounting and encouraging your children to do the same before entering the park, reminding them of this rule.



# Waiting Room

<https://londonwaitingroom.nhs.uk/>

- ★ Your **one-stop shop** to finding support for your mental health.
- ★ Use our **trusted search** to find vetted resources across London



The information provided by The Waiting Room is vital. The links available on The Waiting Room site allow families to know where to turn in the interim giving them more opportunities to find help, feel less alone and "wait well".

Parent in Barnet



## Create an account today

Make the most of all the Waiting Room features by creating an account



Journal your thoughts



Set and track your goals



Save your favourites



Read our daily updates

Designed by You, for You

<https://londonwaitingroom.nhs.uk/contact-us>



For Young People

For Adults

For Parents & Carers

For Professionals

Get in touch with us using the QR code or the link.



As the winter term comes to an end, we'd also like to highlight our new resource 'Support during the Festive Period' which can be accessed here:

<https://londonwaitingroom.nhs.uk/support-resources-festive-period>.

This page includes support across the festive period, including events for young people, adults & families and helpful articles that offer advice on looking after your mental health during this season.



# Community Fun Day

For Islington families with children of all ages

Come and join the fun! Learn about Bright Start, Bright Futures, the Holiday Activities with Food programme (HAF), and speak with health professionals.

The fun day features:

- Zoolab
- Face painters
- Santa and
- a range of fun activities

For more information,  
please contact Bright Start South:  
T: 020 7527 4089  
E: [brightstartsouth@islington.gov.uk](mailto:brightstartsouth@islington.gov.uk)



Family Hubs, Start for Life





## Need help applying for the Healthy Start scheme?

If you're eligible, we can help you apply.  
For more information, just ask a member of our team.



[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

[Twitter](https://twitter.com/NHSHealthyStart) [Facebook](https://www.facebook.com/NHSHealthyStart) @NHSHealthyStart

# Bright Futures Islington

**Would you like to be a Parent Champion?**

**Do you want to help families live healthier lives while building your skills and making new friends?**

**Join us as a Families for Life Champion!**

We're looking for enthusiastic parent or carer volunteers to help promote healthy lifestyles in schools and communities. Whether it's chatting at the school gate, running fun workshops, or sharing events on WhatsApp - you can make a real difference!

## What you'll do:

- Spread the word about health programmes like Family Kitchen and Taste Education
- Support school gate activities (flu jabs, oral health, parent surveys)
- Run parent workshops on healthy snacks, lunches, and breakfasts
- Share info through your networks and help families thrive

## What you'll get:

- ◆ Free training & certificates
- ◆ Travel reimbursements
- ◆ Boost your CV & explore paid opportunities
- ◆ Build friendships & community connections
- ◆ Learn more about local services and healthy living

**Flexible commitment:** Just **one** activity per half term, with full support and training provided.

## Ready to get involved?

Just fill out this short application (<https://forms.office.com/r/8paXEmFvBS>) by scanning the QR Code above.

Don't hesitate to email [margherita.locatelli@islington.gov.uk](mailto:margherita.locatelli@islington.gov.uk) for more information!

Families for Life Community  
Champion Application Form - 2025





Paiwand



## YOU ARE WELCOME!

### FREE Refugee & Migrant Community Drop-In Weekly sessions at the Golden Lane Community Centre

**Come and join us for a friendly weekly community session for Refugees & Migrants living in or near the City of London**

#### What's on?

A weekly 2-hour morning drop-in with a rotating programme:

- Week 1: Women's Group  
Safe space for women to meet, relax, and share experiences.
- Week 2: Family Sessions  
Fun and friendly space for families with children of all ages.
- Week 3: Elderly Migrants Drop-In  
Tea & chat, wellbeing activities, and advice for older community members.
- Week 4: Psycho-Education & Support Group  
Emotional wellbeing, coping skills, and peer support.

#### All sessions include:

- ✓ Friendly atmosphere
- ✓ Free Tea & Snacks
- ✓ Activities and information sessions
- ✓ Safe space to meet new friends
- ✓ Free Advocacy, Immigration & Mental Health Support (please request in advance)

#### Where?

Golden Lane Community Centre  
Fann Street, London EC1Y 0RN

#### When?

Monday mornings  
10.00am - 12.00pm

**Come when you can — No registration required.**

#### Contact us:

[Cityoutreach@paiwand.com](mailto:Cityoutreach@paiwand.com) or call us on: 020 8905 8770  
[www.paiwand.com](http://www.paiwand.com)

**Funded by the National Lottery Community Fund**

# Introducing St Luke's Community Shop & Cafe

Our food hub is changing to a more sustainable and empowering food and support service for households in St Luke's area of benefit on a low income.




Our Community Shop and Café combine to help residents towards stability and independence - members can choose a basket of food for a £5 contribution to top up their weekly shop and get information, advice and support on St Luke's services and other local agencies for longer-term support.



St Luke's Community Shop and Café will open every Wednesday from September. It's an easy, low-cost way to boost regular shopping. For more information about registering, email [info@slpt.org.uk](mailto:info@slpt.org.uk) or pop into our reception for a Community Shop form.

Supported by



 St Luke's Community Centre, 90 Central St, London EC1V 8AJ

 [info@slpt.org.uk](mailto:info@slpt.org.uk)  020 7549 8181

 @StLukesTrust Charity Number 207497



# BECOME A MEMBER TODAY!

**FOR JUST £5 YOU CAN BECOME  
A LIFE TIME MEMBER WHILE  
YOU LIVE IN OUR AREA!**



**You are eligible to become a member  
if you live in our area of benefit.  
Check out our website to see!**

**WWW.SLPT.ORG.UK**



St Luke's Community Centre, 90  
Central St, London EC1V 8AJ



[info@slpt.org.uk](mailto:info@slpt.org.uk)



020 7549 8181



@StLukesTrust

Charity Number 207497



# TEMPLE CITY SINGERS

## TEMPLE CHURCH'S NEW CITY-WIDE CHOIR FOR CHILDREN IN YEAR 2 - 6



Do you like to sing and be part of a team?  
Children in Years 2 - 6 are invited to join Temple City Singers,  
Temple Church's exciting new children's choir!

Explore the beauty of choral music, learn musical skills, and make new friends in a welcoming, inspiring musical team, performing in some of the city's most historic and beautiful buildings.



Rehearsals: Tuesdays at 4.30pm - 5.30pm

St Vedast-alias-Foster, EC2V 6HH and Temple Church, EC4Y 7BB

Spring Performance: Tuesday 10th March 2026, Temple Church, 6pm



**JOIN NOW!**

Email [yvette@templechurch.com](mailto:yvette@templechurch.com)  
to register interest

## Spring Term Rehearsals 2026

January: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

February: 3<sup>rd</sup>, 10<sup>th</sup>, HALF TERM, 24<sup>th</sup>

March: 3<sup>rd</sup> (Temple Church), 10<sup>th</sup> (Temple Church), 17<sup>th</sup>, 24<sup>th</sup>

All rehearsals are held at St Vedast-alias-Foster, unless otherwise stated.



## Spring Term Performance

Tuesday 10th March 2026, Temple Church

Rehearsal: 4.30pm - 6pm (tea provided)

Performance at 6pm

### Cost?

Membership costs **£30 per term**.

If finances are a barrier, please get in touch as we may be able to offer you support.



## Why Join?

### Musical Development ◀

- Sing a wide range of choral music, from traditional to contemporary.
- Develop your musical and vocal skills through fun, high-quality rehearsals.

### Cultural Opportunities ◀

- Perform in a range of churches and venues across the City of London, opening doors to some of the capital's most beautiful and historic buildings, including Temple Church.

### Have fun! ◀

- Join a special musical team, make new friends, be inspired, and have fun!



Email [yvette@templechurch.com](mailto:yvette@templechurch.com) to register interest  
[www.templechurch.com](http://www.templechurch.com)

