

THREE

16 Sept, 7 Oct, 4 Nov
25 Nov, 16 Dec

Wholemeal Penne Bolognaise
Quorn Burger with New Potatoes

Peas & Carrots

**Chocolate & Mandarin Sponge with
Chocolate Sauce**
Fresh Fruit / Flavoured Natural Yoghurt

Chicken & Lentil Cottage Pie
Vegetable Noodles

Broccoli & Cauliflower

Apple, Cheese & Biscuits
Fresh Fruit / Flavoured Natural Yoghurt

Roast Turkey
with Roast Potatoes & Gravy
Vegetarian Wellington
with Roast Potatoes & Gravy

Fresh Mixed Seasonal Vegetables

Rice Pudding with Mixed Berries
Fresh Fruit / Flavoured Natural Yoghurt

Chicken Arrabiata Sauce
with 50/50 Rice
Roasted Cauliflower Curry
with 50 / 50 Rice

Sweetcorn & Green Beans

Apple Maiden & Custard
Fresh Fruit / Flavoured Natural Yoghurt

MSC Fish in Batter with Chips
Vegetable Wholemeal Pasta Bake

Baked Beans & Peas

Fruit & Yoghurt Station

**AVAILABLE
EVERY DAY...**

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad
items available daily

Fresh Fruit & Yoghurt

available daily

Semi Skimmed Milk

available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards

We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MIML - C 1009